

# Fundamental Knowledge of Abhidhamma & Discussion

## Introduction to Mental factors (Cetasika) (Part-2)

• *Lactured By Ven.Pyinnyardhikalinkara*

• Recommended reading (CMA) p – 76 to 78...

## 52 – Mental Factors (**Dvipaññāsa Cetasikas**)

(1) **Aññasamāna-Cetasikas** (Ethically variable factors) – 13

(2) **Akusala-Cetasika** (Unwholesome factors) – 14

(3) **SobhanaCetasika** (Beautiful Factors) – 25

*Añña* (other) + *samāna* (common to) = common to the other

Beautiful citta ↔ Non-beautiful citta

### How are they variable?

- In wholesome citta they become wholesome,
- In unwholesome citta they become unwholesome, and
- In Kammically indeterminate (*abyākata*) citta they become Kammically indeterminate

(1) *Aññasamāna* – Ethically variable factors

*Sabbacitta-sādhāraṇa* –  
(Universal Factors) – 7

1. *Phassa* – Contact
2. *Vedanā* – Feeling
3. *Saññā* – Perception
4. *Cetanā* – Volition
5. *Ekaggatā* – One-pointedness
6. *Jīvitindriya* – Mental life faculty
7. *Manasikāra* – Attention

- Common to all consciousness.  
(Associated with all 89 / 121.)

*Paiṇṇaka* –  
(Occasional Factors) – 6

- 1) *Vitakka* – Initial application
- 2) *Vicāra* – Sustained application
- 3) *Adhimokkha* – Decision
- 4) *Vīriya* – Energy
- 5) *Pīti* – Zest
- 6) *Chanda* – Desire

- Associated with all types of  
consciousness, but only in particular  
types of consciousness, not in all.

(2) *Akusala-cetasika* – Unwholesome factors – 14

<p><i>Moha-catukka</i> (Delusion quartet)– 4</p>	<ol style="list-style-type: none"> <li>1. <b>Moha</b> – Delusion</li> <li>2. <i>Ahirika</i> – Shamelessness of wrong doing</li> <li>3. <i>Anottappa</i> – Fearlessness of wrong doing</li> <li>4. <i>Uddhacca</i> – Restlessness / agitation</li> </ol>	<p>Four factors occur in all twelve unwholesome consciousness</p>
<p><i>Lobha-tri</i> (Greed triad)– 3</p>	<ol style="list-style-type: none"> <li>5. <b>Lobha</b> – Greed</li> <li>6. <i>Diṭṭhi</i> – Wrong view</li> <li>7. <i>Māna</i> – Conceit</li> </ol>	<p>Three factors occur only in <i>Lobhamūla</i>.</p>
<p><i>Dosa-catukka</i> (Hatred quartet)– 4</p>	<ol style="list-style-type: none"> <li>8. <b>Dosa</b> – Hatred</li> <li>9. <i>Issā</i> – Envy</li> <li>10. <i>Macchariya</i> – Avarice / Stinginess</li> <li>11. <i>Kukkucca</i> – Worry / Remorse</li> </ol>	<p>Four factors occur only in <i>Dosamūla</i>.</p>
<p><i>Other</i> – 3 (Sloth dyad and Doubt alone)</p>	<ol style="list-style-type: none"> <li>12. <i>Thina</i> – Sloth</li> <li>13. <i>Middha</i> – Torpor</li> </ol>	<p>Two factors are related to the prompted cittas of <i>Lobhamūla</i> and <i>Dosamūla</i>.</p> <p><i>Vicikicchā</i> is related to only <i>Mohamūla</i>.</p>

### (3) *Sobhana-cetasika* –

## The Beautiful Mental Factors – 25

#### 1. *Sobhana-Sādhāraṇa Cetasika*

The Universal Beautiful Factors – 19

occur in all 59 / 91 beautiful consciousness

#### 2. *Viratī Cetasika*

The Abstinenances – 3

occur in 8 wholesome sense-sphere (Mundane),  
8 supramundane consciousness

#### 3. *Appamaññā Cetasika*

The Illimitables – 2

occur in (28) cittas : (8) great-wholesome and  
(8) great-Functional of sense-sphere, and  
(12) Sublime consciousness of first four *Jhānas*

#### 4. *Paññindriya Cetasika*

The Wisdom faculty – 1

occur in 47 consciousness associated with  
knowledge