

Fundamental Knowledge of Abhidhamma
&
Discussion

**The analyses of the realities
in the groups of teaching**

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Pañca Khandhā- **The Five aggregates**

Names	Reality	Classification of Nāma-Rūpa
1- <i>Rūpakkhandha</i> Aggregate of materiality	28- matters	Aggregate of materiality- 1 (<i>Rūpakkhandha</i>)
2- <i>Vedanākkhandha</i> Aggregate of feeling	Feeling (mental factor)	Aggregates of mentality – 4 (<i>Nāmakkhanda</i>)
3- <i>Saññākkhandha</i> Aggregate of perception	Perception (mental factor)	
4- <i>Sankhārakkhandha</i> Aggregate of mental formation	50 mental factors (except feeling and perception)	
5- <i>Viññāṇakkhandha</i> Aggregate of consciousness	89 - consciousnesses	

Note: *Nibbāna* is not included under the enumeration of aggregate (*khandhā*).

Only the *Citta*, *Cetasika*, and *Rūpa* are included under the classification of aggregate.

Pañcu'pādānakkhandhā- The Five clinging aggregates
(The objects of *Upādānas* – *Upādānas* = craving and wrong view)

Names	Reality		Classification of Nāma-Rūpa
1- <i>Rūpupādānakkhandha</i> Clinging Aggregate of materiality	28- matters		Aggregate of materiality- 1 (<i>Rūpa</i>)
2- <i>Vedanupādānakkhandha</i> Clinging Aggregate of feeling	Feeling (mental factor)	associated with 81 mundane consciousnesses	Aggregates of mentality – 4 (<i>Nāma</i>)
3- <i>Saññupādānakkhandha</i> Clinging Aggregate of perception	Perception (mental factor)		
4- <i>Sankhārupādānakkhandha</i> Clinging Aggregate of mental formation	50-mental factors (except feeling and perception)		
5- <i>Viññāṇupādānakkhandha</i> Clinging Aggregate of consciousness	81 - mundane consciousnesses		

Note: Supra-mundane consciousnesses –(8), associated mental factors (36), and *Nibbāna* are not included under the enumeration of clinging-aggregate (*Upādānakkhandhā*).

Āyatana (Bases)- 12

<i>Ajjatikāyatana-6</i> (Internal-bases)	Reality		<i>Bāhirāyatana-6</i> (External-bases)	Reality
1-Cakkhāyatana The eye base	Cakkhupasāda (eye-sensitivity)	<i>Rūpa-Āyatana -10</i>	6-Rūpāyatana The visible form base	Rūpa (Visible form)
2-Sotāyatana The ear base	Sotapasāda (ear-sensitivity)		7-Saddāyatana The sound base	Sadda (Sound)
3-Ghānāyatana The nose base	Ghānapasāda (nose-sensitivity)		8-Gandhāyatana The smell base	Gandha (Smell)
4-Jivhāyatana The tongue base	Jivhāpasāda (tongue-sensitivity)		9-Rasāyatana The taste base	Rasa (Taste)
5-kāyāyatana The body base	Kāyāpasāda (body-sensitivity)		10-Phoṭṭhabbāyatana The tangible base	Phoṭṭhabba (<i>Pathavī, Vāyo, Tejo</i>) = tangibility (three elements of earth, air, and fire)
11-Manāyatana The mind base	89-consciousness		12-Dhammāyatana The mental-object base	52- <i>Cetasikas</i> , <i>Sukhumarūpa</i> (Subtle matter) -16, <i>Nibbāna</i>

Dhātu(Elements) - 18		Reality	
1-Cakkhu-dhātu	Cakkhupasāda (eye-sensitivity)	6-Rūpa-dhātu	Rūpa (Visible form)
2-Sota-dhātu	Sotapasāda (ear-sensitivity)	7-Sadda-dhātu	Sadda (Sound)
3-Ghāna-dhātu	Ghānapasāda (nose-sensitivity)	8-Ghandha-dhātu	Ghandha (Smell)
4-Jivhā-dhātu	Jivhāpasāda (tongue-sensitivity)	9-Rasa-dhātu	Rasa (Taste)
5-Kāya-dhātu	Kāyāpasāda (body-sensitivity)	10-Phoṭṭhabba-dhātu	Phoṭṭhabba (Pathavī, Vāyo, Tejo)= tangibility (three elements of earth, air, and fire)
The above 10 dhātus are material-elements. Dhamma-dhatu same as Dhammāyatana. Manāyatana (mind base) is divided into seven mind-consciousness element (Satta Viññāna-dhātus). (12 bases = 18 elements.)			
11- Cakkhu-viññāṇa-dhātu Eye-consciousness element	cakkhu-viññāṇa = (eye-consciousness) - 2	Dvipaṇca- viññāṇa- Two sets of fivefold sense consciousnesses —10	18-Dhamma- dhātu 52- Cetasikas, Sukhumarūpa (Subtle) -16, Nibbāna
12- Sota-viññāṇa-dhātu Ear-consciousness element	sota-viññāṇa = (ear-consciousness) - 2		
13- Ghāna-viññāṇa-dhātu Nose-consciousness element	ghāna-viññāṇa = (nose-consciousness) - 2		
14- Jivhā-viññāṇa-dhātu Tongue-consciousness element	jivhā-viññāṇa = (tongue-consciousness) -2		
15- Kāya-viññāṇa-dhātu Body-consciousness element	kāya-viññāṇa = (body-consciousness) -2		
16- Mano-dhātu Mind element	{Five-door-adverting-1 + Receiving – 2 = 3 consciousness }		
17- Manoviññāṇa-dhātu Mind-consciousness element	76 consciousnesses (except dvipaṇca-viññāṇa-10+Manodhātu – 3)		

(Cattāri Saccāni) – 4 – Noble Truths

1-Dukkha-saccā The Noble of suffering	Mundane consciousness-81, 51-mental factors(except <i>lobha</i>), 28 – matters
2-Samudaya-saccā The Noble of the origin of suffering	<i>Lobha</i> (greed) or Craving (<i>Taṇhā</i>)
3-Nirodha-saccā The Noble of the cessation of suffering	<i>Nibbāna</i>
4-Magga-saccā The Noble of the way leading to cessation of suffering	Noble eightfold path (associated with 4 path-consciousnesses) (Realities of Noble Eightfold-path: <i>Paññā</i> , <i>Vitakka</i> , <i>Sammāvācā</i> , <i>Sammākammanā</i> , <i>Sammā-ājīva</i> , <i>Vīriya</i> , <i>Sati</i> , <i>Ekaggatā</i>)

(Exclusions of noble-truth) = *Maggacittuppāda*-29 = (Magga-consciousness-1 + mental factors -28), and
Phala-cittuppāda- 37 (phala-consciousness-1+ mental factors-36)

Additional: *Magga* and *Phala* consciousnesses are associated with 36 mental factors.

Magga or *phala* consciousnesses are counted as one due to their same function of knowing object.

Then, they are enumerated as 37 (36 mental factors + consciousness-1).

This group of mentalities is called as ‘Magga-cittuppāda or Phala-cittuppāda’

When the Realities of Noble Eightfold-path are substituted, the number of ‘*Magga-cittuppāda*’ becomes 29 (37-8=29).