Fundamental Knowledge of Abhidhamma &

Discussion

Immaterial-sphere Consciousness (Arūpāvacara Citta)

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Arūpabhūmi – Four realms in which matter has been totally transcended and only consciousness and mental factors remain.

Arūpāvacara Citta – the consciousnesses pertaining to the immaterial plain of existence (Arūpabhūmi).

The (Wholesome) attainment of Arūpajjhāna by worldings(Puthujjana) and trainees(Sekha)

The (Resultant) consciousness of Arūpajjhāna Which arise through rebirth in the immaterial realms

The (Functional) attainment of Arūpajjhāna by Arahant

| (Direct) Objects | Contemplation | Attainments |
|---|--|--------------------------------------|
| The concept of infinite space (Ākāsa-paññatti) | "Ananto Ākāso — Infinite space" | Ākāsānañcāyatana jhāna |
| First Immaterial-sphere consciousness (Ākāsānañcāyatana citta) | "Anantam viññāṇam - Infinite consciousness" | Viññāṇañcāyatana jhāna |
| The Concept of Non-existence (or) Nothingness (of First Immaterial-sphere consciousness) (Natthibhāva-paññatti) | " <i>Natthi kiñci</i> — there is nothing whatsover" | Ākiñcañāyatana jhāna |
| Third Immaterial-sphere consciousness (Ākiñcañāyatana citta) | "Santa'metam, paṇīta'metam - It is peaceful; it is good" | Nevasaññā- nāsaññāyatana jhāna |

Four Types Of Arūpāvacara Citta -

- 1. Ākāsānañcāyatana citta the consciousness pertaining to the base of Infinite Space
- 2. Viññāṇañcāyatana citta the consciousness pertaining to the base of Infinite Consciousness
- 3. Ākiñcañāyatana citta the consciousness pertaining to the base of Nothingness
- **4.** Nevasaññā-nāsaññāyatana citta —
 the consciousness pertaining to the base of Neither perception
 nor non-perception

Wholesome -4 + Resultants - 4 + Functional - 4 = 12 (Arūpajjhāna cittas)

| | Immaterial-sphere Consciousness - 12 | Types Of Consciousness | Two Jhāna-Factors |
|--|--|---|--|
| | Immaterial-sphere Wholesome Consciousness – 4 | ConPertaining to the base of Infinite Space | (1) Equanimity(2) One-pointedness |
| | | ConPertaining to the base of Infinite Consciousness | (1) Equanimity(2) One-pointedness |
| | | ConPertaining to the base of Nothingness | (1) Equanimity(2) One-pointedness |
| | | ConPertaining to the base of Neither perception nor non-perception | (1) Equanimity (2) One-pointedness |
| | Immaterial-sphere Resultant Consciousness – 4 | As they are produced by the wholesome, identical with <i>Kusala</i> (wholesome) | |
| | Immaterial-sphere Functional Consciousness – 4 | Same as <i>Kusala</i> (Wholesome) (the only difference is not producing | g result) |

| | Immaterial-sphere Consciousness - 12 | Consciousness | Transcended Objects (Atikkamitabba) | Direct Objects (Ālambitabba) |
|--|--|---|--|--|
| | Immaterial-sphere Wholesome Consciousness – 4 | ConPertaining to the base of Infinite Space | Concept of <i>Kasiņa</i> | Concept of inf.Space |
| | | ConPertaining to the base of Infinite Consciousness | Concept of inf.Space | Consciousness of Inf.Space |
| | | ConPertaining to the base of Nothingness | Consciousness of Inf.Space | Concept of nothingness |
| | | ConPertaining to the base of Neither perception nor non-perception | Concept of nothingness | Consciousness of the base of nothingness |
| | Immaterial-sphere Resultant Consciousness – 4 | As they are produced by the wholesome, identical with <i>Kusala</i> (wholesome) | | |
| | Immaterial-sphere Functional Consciousness – 4 | Same as <i>Kusala</i> (Wholesome) (the only difference is not producing result) | | |

Mahaggata Citta – Sublime Consciousnesses

- 1) Rūpāvacara Citta –
 Fine-material sphere Consciousness (15)
- 2) Arūpāvacara Citta –Immaterial-sphere Consciousness (12)

(27) Sublime consciousness *Jhāna-cittas* (Absorption Consciousness)

(Meditative attainments) {P.64}

As all $Ar\bar{u}p\bar{a}vacara$ -Cittas – have two $jh\bar{a}na$ -factors of equanimity and one-pointedness, they are included in fifth-jhāna ($pa\bar{n}camajjh\bar{a}na$) ($R\bar{u}p\bar{a}vacara$ - $pa\bar{n}camajjh\bar{a}na$ – 3 + $Ar\bar{u}p\bar{a}vacara$ -Cittas – 12 = 15 - $Pa\bar{n}camajjh\bar{a}na$ -cittas). {p.64

| Name of Jhāna | Fine-Material- sphere- Consciousness - 15 | Immaterial-sphere Consciousness - 12 | Sublime Consciousnesses - 27 | By way of Feeling |
|------------------|---|--|---------------------------------|--------------------------------|
| First Jhāna | 3 | × | 3 | |
| Second Jhāna | 3 | × | 3 | Accompanied by joy - 12 |
| Third Jhāna | 3 | × | 3 | |
| Fourth Jhāna | 3 | × | 3 | |
| Fifth Jhāna | 3 | 12 | 15 | Accompanied by equanimity - 15 |